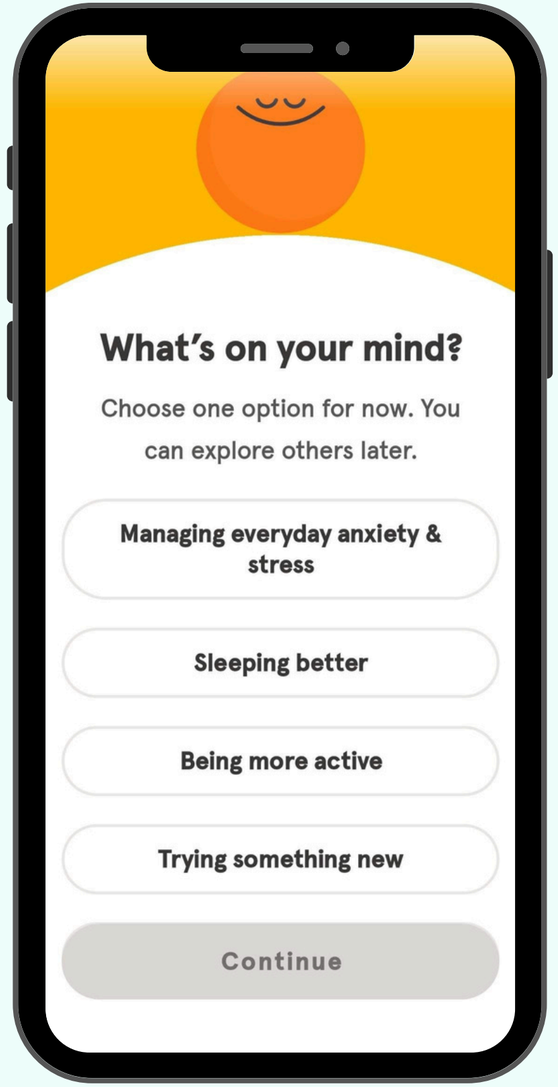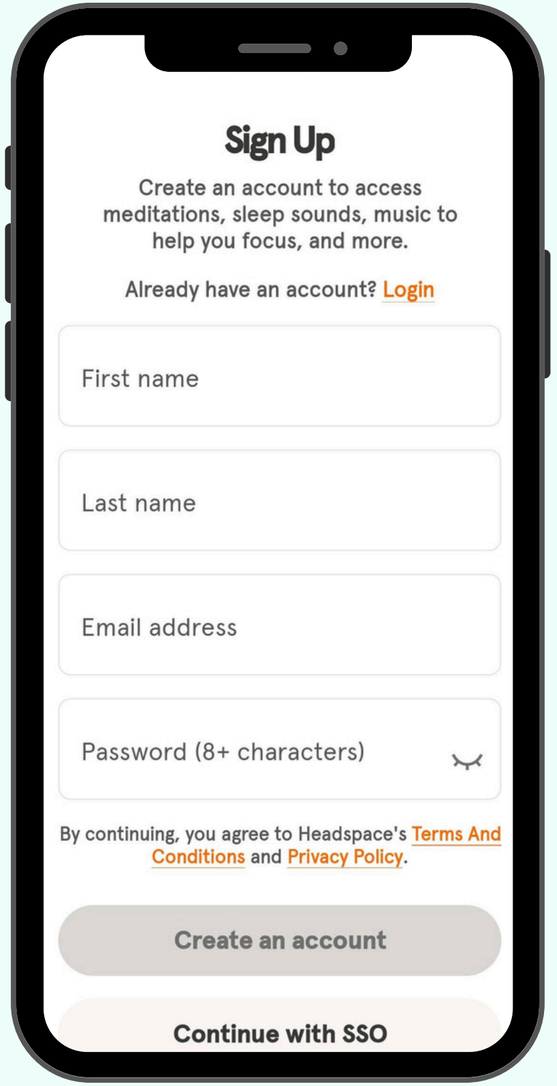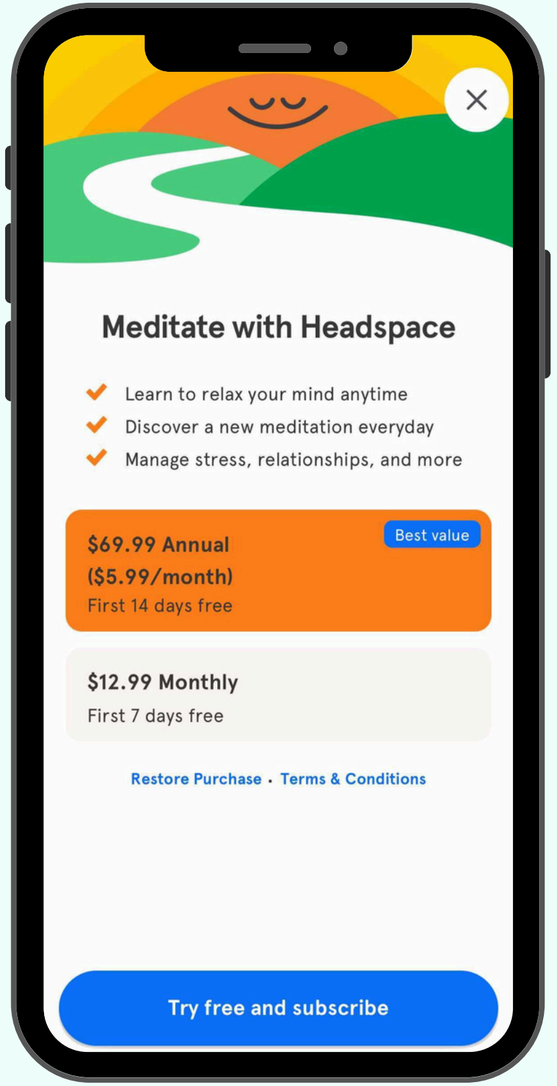How to Sign Up for Headspace