

Follow Up Appointment Planning

Write Down Your Side Effects

Discussing medication side effects with your doctor at follow-up appointments is important. Use this space to write down any side effects you experience, when they began (how long after starting the medication), whether you are still experiencing them, and how much they impact your daily life. Visit our [Ultimate Guide to Adderall](#) for more on common side effects, as well as side effects that require immediate medical attention (QR code below).

Side Effect 1	Onset	Still Occurring?/Impact
Side Effect 2	Onset	Still Occurring?/Impact
Side Effect 3	Onset	Still Occurring?/Impact
Side Effect 4	Onset	Still Occurring?/Impact
Side Effect 5	Onset	Still Occurring?/Impact

Questions for Your Doctor

Come prepared to your follow up appointments with questions ready for your provider. You may want to ask about side effects, your progress (or setbacks), or alternative medication options. Use the space below to write down questions prior to your appointment, as well as the responses from your provider.

Question 1:

.....

.....

.....

Question 2:

.....

.....

.....

Question 3:

.....

.....

.....

