

Prescriber Tips & FAQs: Adderall

Prescriber Tips

Follow these tips, along with your prescribers recommendations, for safe and effective use of Adderall.

1. Take Adderall as prescribed, do not change your dose or stop taking it unless your prescriber tells you to. Taking too much Adderall may lead to overdose.
2. Avoid operating heavy machinery or dangerous activities until you know how the medication affects you.
3. Take your medication at the same time each day, typically in the morning. Doing so can help you remember to take it, making it as effective as possible.
4. Tell your prescriber right away if you have any worsening mental health symptoms.
5. Adderall may lower appetite and cause slowed growth in children. Talk with your child's prescriber about any concerns with their growth.

Frequently Asked Questions

Below are responses to frequently asked questions by those considering or taking Adderall.

How Does Adderall Work?

Adderall works by increasing levels of dopamine, serotonin, and norepinephrine. These increases bring the brain from a state of overstimulation to a normal state of stimulation.

How Long Is an Adderall Prescription Good For?

Adderall prescriptions may be available for 1-3 months before requiring a prescriber visit and new prescription.

Can You Get an Adderall Prescription Refilled Early?

Controlled substances like Adderall typically cannot be refilled early. Your prescriber may provide multiple prescriptions up to a 90-day supply however. Talk to your prescriber if you have trouble scheduling an appointment before your supply runs out.

What Are the Effects of Misusing Adderall?

Signs of Adderall misuse may include having high energy, insomnia, changes in appetite, poor performance at school or work, running out of the medication early, and increased irritability.

What Are Alternatives to Adderall?

Adderall alternatives include other stimulant medications, such as Ritalin, Concerta, and Vyvanse. There are also several non-stimulant medications for ADHD, including Strattera, Qelbree, and Intuniv.

